



Coconino County Superior Court

Coconino County Mental Health Court Participant Handbook

MISSION STATEMENT

To facilitate stability for individuals with severe mental illness and co-occurring substance abuse disorders through a trauma informed court-supervised treatment program which reduces recidivism, promotes community safety and the mental well-being of all its participants.

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1. Welcome

Welcome to the Coconino County Superior Mental Health Court! This handbook is designed to guide you through the Mental Health Court program and address any questions or concerns you may have. As a participant, you will be expected to work with your entire Mental Health Court Team which includes the Judge, County Attorney, Public Defender, Probation Officer, Treatment Team, and the Mental Health Court Coordinator. Your Mental Health Court team is here to support you through your journey of recovery and mental well-being. This handbook will detail how the program functions, what the program consists of and what will be expected of you. You are highly encouraged to share this handbook with your family, friends, and any supports you may have. If you ever misplace this handbook, please ask a member of your team and a new one will be provided to you immediately.

2. Program Description

Judge Fanny Steinlage, Division VII, presides over the Mental Health Court in the Superior Court of Coconino County. This program is specifically designed to provide supervision, accountability, treatment services, and forensic peer support to individuals in the criminal justice system who are Seriously Mentally Ill (SMI) and that may also suffer from a co-occurring substance abuse disorder. The program's goal is to address mental health concerns, substance abuse disorders, and other risk factors that contributed to an individual's re/entry into the criminal justice system. Mental Health Court is a voluntary program that includes probation supervision, regular court appearances before the Mental Health Court Judge, mental health and substance abuse treatment, random drug testing and participation in a forensic peer support program. The program length is at least twelve (12) months. Successful completion and graduation from the program may result in early termination of probation and/or dismissal of certain charges. Failure to complete the program may result in imposition of the sentence set forth in your plea agreement. Mental Health Court participants will graduate from the program with psychiatric stability, sobriety, pro-social skills, and support to be law abiding and contributing members of the community. The Mental Health Court Judge will oversee your progress through the program and will make all final decisions regarding your case.

3. Eligibility for Mental Health Court

In order to participate in Mental Health Court, your attorney during pre-adjudication proceedings must identify that you are a possible candidate for the program. Your attorney will make a referral to the County Attorney assigned to the program. Once determined that a possible candidate is appropriate, they will

participate in a screening with the Mental Health Court Coordinator to determine final eligibility. If a potential participant is already on probation in Coconino County, their probation officer may also refer them for a Mental Health Court screening, either through revocation proceedings or in lieu of probation revocation. The Mental Health Court screening evaluates the following:

1. **To be eligible for Mental Health Court you must either be charged with a criminal offense within the jurisdiction of the Coconino County Superior Court, or on Adult Probation for a felony out of Coconino County.**
2. **To be eligible for Mental Health Court you must be designated as Seriously Mentally Ill (SMI), pursuant to Arizona law.**
 - **2a – You may be considered** for admission to Mental Health Court if you have been diagnosed with a qualifying diagnosis but have not been designated SMI due to significant substance use. Supporting documentation must be provided by your attorney and the admission without an SMI designation requires consensus between the County Attorney, MHC Coordinator and the Public Defender.
3. **To be eligible for Mental Health Court you must** be willing to participate in an American Society of Addiction Medicine Screening (ASAM).
4. **To be eligible for Mental Health Court you must be determined** through an evidence-based screening tool to be at “medium-high” or “high risk” of failing traditional probation supervision and in “high need” of mental health and substance abuse services.
5. **To be eligible for Mental Health Court you must demonstrate that you have a significant connection to Coconino County at the time of the offense** (i.e. residency or employment) **and you must live within 35 miles of Flagstaff for the entirety of the program.**
6. **To be eligible for Mental Health Court you must** be willing to take all recommended psychiatric medications, participate in mental health and substance abuse services and forensic peer support services.
7. You **may be eligible** if you are charged with an offense under A.R.S 13.901.01.
8. You **may be eligible** even if you are currently on standard or intensive probation in Coconino County.
9. You **may be ineligible** if determined by the Mental Health Court County Attorney that you are a danger to the general public or to the Mental Health Court participants.
10. You **may be ineligible** if you are currently on federal probation or felony or misdemeanor probation in any other jurisdiction.
11. You **may be ineligible** if you currently have charges pending against you in any other jurisdiction.
12. You **may be ineligible** if you currently have active warrants for your arrest.
13. You **may be ineligible** if you have completed or have been terminated from another treatment court program, within or outside of the jurisdiction of Coconino County.

14. You **may be ineligible** if you have been convicted of a “serious offense” as defined in A.R.S. 13-706(F)(1).
15. You **may be ineligible** if you have been convicted of a “dangerous offense” as defined in A.R.S. 13-105(13).
16. You **are not eligible** if you have been convicted of a sexual offense under Title 13, chapter 14.
17. You **are not eligible** if you are currently incarcerated in the Department of Corrections or on Community Supervision (parole).

If a potential participant is determined through a Mental Health Court screening to be appropriate and eligible for the program, the County Attorney’s Office may extend a plea offer with a stipulation to probation and is determined through the Mental Health Court screening to be eligible for the program. The potential participant may voluntarily accept Mental Health Court as either a term of reinstatement to probation resolving a Petition for Revocation in lieu of such a petition being filed.

If you receive an opportunity to participate and are willing to enter Mental Health Court, your attorney will discuss Mental Health Court and the plea offer with you and will advise you of your options. If you choose to participate in Mental Health Court, an appointed attorney from the Public Defender’s Office will continue to assist you throughout Mental Health Court.

4. Mental Health Court Subcommittee and Team

Mental Health Court is a collaborative effort of criminal justice stakeholders that include Coconino County Superior Court, Coconino County Attorney’s Office, Coconino County Public Defender’s Office, Coconino County Detention Facility, Coconino County Adult Probation, with representatives from HealthChoice Arizona, CareFirst Arizona, Hope Lives and The Guidance Center/Southwest Behavioral Health. Each of these agencies is represented on a subcommittee which meets several times a year to review Mental Health Court operations, policies and procedures. The subcommittee does not influence decisions made in individual cases. Your Mental Health Court operates as a team who works together in collaborative decision making that suite the needs of each individual participant. The program functions as a team, therefore all decisions are made as a team. Your Mental Health Court Team is as follows:

- **The Honorable Judge Fanny Steinlage**, Coconino County Superior Court, Division 7; **928-679-7575**
- **Sydney Ciarniello**, Mental Health Court Coordinator; **928-853-5965**
- **Kylee Coons**, Coconino County Adult Probation; **928-310-8759**
- **Mark Huston**, Deputy County Attorney; **928-679-8200**
- **Claire Tomko**, Deputy Public Defender; **928-606-6847**
- **Sandra Simpson**, SWBH Case Manager; **928-863-8024**
- **Deleslie Foster**, TGC Case Manager; **928-714-6414**

- **Troy Grover**, Hope Lives Forensic Peer Support, **928-315-9189**

Staffing takes place every week prior to Mental Health Court. Team members who attend staffing are the Honorable Judge Steinlage, Deputy County Attorney Mark Huston, Deputy Public Defender, Adult Probation Officer, designated Case Managers from the Guidance Center and/or Southwest Behavioral Health, and Peer Mentors from Hope Lives. All Team members are interested in working with adults who are SMI, and all Team members are interested in your success.

Each Mental Health Court Team member has a different role. These roles are as follows:

- Judge Steinlage oversees your case while you are in the program. After receiving input from the other Team members, Judge Steinlage may award incentives, impose sanctions, impose additional treatment orders, grant travel requests, or order your graduation or termination from Mental Health Court.
- The Mental Health Court Coordinator completes your screening for Mental Health Court and helps with any coordination of care while you are in the program.
- The Adult Probation Officer supervises you in the community and monitors for compliance with your conditions of probation while you participate in Mental Health Court.
- The Deputy County Attorney represents the State of Arizona's interests while you are in Mental Health Court.
- The Deputy Public Defender serves as your defense attorney while you are in the program.
- The Dedicated Case Manager serves as your case manager, coordinates your treatment services, provides treatment updates to the Team, and makes treatment recommendations.
- The Peer Mentor provides you with experience-based community support while you are in the program and an opportunity for higher learning.

5. Your First Day in Mental Health Court

Your first day in Mental Health Court will be your Change of Plea and Sentencing on the Mental Health Court calendar. Once you have plead into and been sentenced to Mental Health Court, you must reside in Flagstaff for the entirety of the program.

After your Sentencing, you will meet with your Probation Officer on a date and time implemented in Court, where you will review all your terms and conditions of probation. Your Probation Officer's name is **Kylee Coons** and her phone number is **928-310-8759**. The Coconino County Adult Probation office is located at **420 N San Francisco St.**, which is approximately two blocks north of

the Coconino County Superior Court, their phone number is **928-679-8400**. Carefully review all your terms and conditions, and this handbook, with your probation officer and ask any questions you may have. Once you understand your terms of probation, you will sign for a copy. Please keep your copy of your conditions of probation and this handbook somewhere safe for future reference. If you do not have a safe place to store these, please let your probation officer know, and copies can be given to you at any time. Your Mental Health Court Coordinator can also provide you with a copy of this handbook if you happen to misplace it. If you ever have any questions regarding your terms of probation or about this program, you may refer to this handbook or ask your Probation Officer.

After you meet with your Probation Officer, you will need to schedule an appointment with the Mental Health Court Case Manager. Your Case Manager may be located at either The Guidance Center or Southwest Behavioral Health. **The Guidance Center's** number is **928-527-1899** and **Southwest Behavioral Health's** number is **928-779-4550**. If you have not been enrolled with a treatment provider, you will need to complete an intake before meeting with your case manager. If you have been assigned a different case manager at The Guidance Center or Southwest Behavioral Health, you will be transferred to our Mental Health Court Case Manager that represents these agencies. Once you meet with your case manager, you will participate in completing an updated treatment plan and be expected to start the recommended treatment as soon as possible. You are also required to see your medication provider regularly and take all medications as prescribed.

You will also meet with your attorney, **Claire Tomko**, from the Coconino County Public Defender's Office. Her office is located at 110 E. Cherry Ave. Her office number is **928-679-7700** and her cell phone number is **928-606-6847**.

6. Entrance into Mental Health Court via Revocation or Modification.

If you have been placed on supervised probation in Coconino County and your probation has been revoked, you could be eligible to enter Mental Health Court. The admission process is the same as if you were in a pre-adjudication phase. Your lawyer must submit all required documents to the Mental Health Court Coordinator and the County Attorney. If you are found to be appropriate for the program, the Mental Health Court Coordinator will complete your screening. Your Probation Officer may also provide any supplemental information. If you are determined to be appropriate and eligible for Mental Health Court, you will participate in an Admission and Disposition Hearing where you will be reinstated and transferred into Mental Health Court. It is also important to note that you cannot be on Intensive Probation Supervision and participate in Mental Health Court.

If you have been placed on supervised probation in Coconino County and your probation officer feels you may benefit from Mental Health Court, you could

be eligible to enter through a petition for modification. All criteria remain the same and you must go through the screening process. If appropriate and eligible, and you agree to modify your existing terms of probation, you will be transferred into Mental Health Court when a spot becomes available.

7. Mental Health Court Hearings and Rules

After your admission into the Mental Health Court program, you will attend regular Mental Health Court Status hearings in Division 7 of the Coconino County Superior Court before the Honorable Judge Fanny Steinlage. These hearings are held **every week on Tuesday** between **10:00 AM** and **12:00 PM**. You are required to attend all status hearings unless given specific permission to be excused from Court by the Judge. It is important to communicate with your probation officer and/or the Mental Health Court Coordinator if you are having trouble with transportation to Court.

Prior to starting the Status Hearings, the Mental Health Court Team will meet privately to discuss your progress in Mental Health Court. At this private staffing, the Judge will receive information about your progress from the Designated Case Manager, Probation Officer, Peer Mentor, Public Defender, and Deputy County Attorney.

At each Status Hearing, you will appear before Judge Fanny Steinlage to receive feedback regarding how you are doing in the program. All Team Members will make statements about your progress or regress. You are also encouraged to make a statement in court regarding how you feel things are going. If you are in compliance with the program requirements, including probation requirements, you will be encouraged to keep up your efforts and progress and may receive an incentive. At the end of each hearing, you will always receive a new court date. If you are not in compliance with the program rules and probation, you may receive a sanction for your noncompliance and will receive a new court date.

Rules of Mental Health Court are as follows:

- Abide by all terms and conditions of probation. Failure could result in sanctions or probation revocation.
- Actively attend and participate in all Status Hearings. If you fail to appear for Court, a warrant may be issued for your arrest.
- You **MUST** take all medications as prescribed.
- Actively attend and participate in treatment. Treat all treatment staff with respect and follow all instructions. This includes but is not limited to group sessions, individual counseling and residential treatment. If you are unable to attend a treatment session, you are responsible for communicating with your case manager, group facilitator and/or counselor.
- Do not attend Court or treatment sessions under the influence of any prohibited or illegal substances.

- Do not discuss with anyone what other participants say in Court and/or in treatment sessions. Confidentiality among peers in the program is important and treatment providers are required to report things of concern that are discussed during treatment. Your treatment provider has a responsibility to report any statements made in treatment that may qualify as harmful to oneself and/or others. These providers work with your Mental Health Court team in order to assist in your mental well-being and recovery.
- Be respectful to all other Mental Health Court participants.
- Do not purchase, use or possess any alcohol or illegal substances. Do not purchase, use or possess Kratom and/or Bath Salts.
- Do not possess any weapons as defined by your terms of probation. If you have been approved by your Probation Officer to carry a pocketknife for work, do not bring it to your Court hearings. The bailiffs will confiscate it.
- Do not possess any drug paraphernalia, including but not limited to bong, pipes, rigs, etc.
- Always show respect and dignity for the courthouse and treatment. Please be considerate of others, as life-altering events are occurring daily in these places.
- The only person on our Mental Health Court Team that can offer legal advice is your Public Defender. Do not ask **ANY** other team members for any legal advice.
- Dress as appropriately for Court as possible, and dress properly to attend treatment sessions. Remove any hats when you enter the Courtroom.
- Be respectful to your entire Mental Health Court Team and your treatment staff. If you are experiencing frustrations, we are here to help you work through them in an appropriate manner.
- Please sit quietly while Court is in session and turn your phones off or place them on silent.
- Use of the following items are prohibited in the Courtroom unless specified by the Judge:
 - **ANY** device that is actively recording
 - Cameras. Do not use your camera on your electronic devices
 - Chewing gum or tobacco
 - Vaporizers or e-cigarettes
- Food and drink are prohibited in Court, except water.
- Keep all entrances and exits clear.
- Do not bring children to court or treatment sessions without prior approval from the Mental Health Court Coordinator and/or your treatment provider.
- Lastly, take a deep breathe before attending your hearing. The hardest part, showing up, is over.

8. Other procedures, programs and services

A. Probation Supervision and Drug Testing

During your time in Mental Health Court, you will work closely with your Probation Officer. All Mental Health Court participants are placed on supervised probation and must comply with all terms and conditions. This includes regularly scheduled office visits, completion of any court ordered community service, attendance in Mental Health Court and the required treatment, and payment of any court ordered fines and fees. This also includes random urinalysis or drug testing. During your first meeting with your probation officer, a referral will be created for random drug testing at Averhealth, which is located at **2314 N Fourth St.**, and you will be expected to comply with all random drug testing. Your Probation Officer will review all rules and procedures of drug testing with you. Collecting drug tests allows your Mental Health Court team to monitor your recovery while holding you accountable. These results will be regularly shared by your probation officer to your Mental Health Court team. Any positive, missed or diluted samples will be addressed in Court and could result in a violation. You will also be recognized for negative or “clean” samples.

B. Vocation, education, social services

During your time in Mental Health Court, our goal is to help our participants become active and productive members of the community. To achieve this, skills beyond mental well-being and recovery are needed. While participating in Mental Health Court, your team will work with you to identify possible employment opportunities, disability determinations and/or accommodations, educational opportunities, and possible housing. Your team will refer you to and work with several outside agencies to explore all these opportunities in hopes to maximize your time spent in our program. We encourage you to seek outside supports and to explain to any potential employers the expectations of the program you are participating in.

C. Travel

While on supervised probation and in Mental Health Court, travel is considered a privilege, not a right. During the first phase of Mental Health Court, no overnight travel will be allowed, unless under special circumstances approved by the Judge. After you have moved on from phase one, you may submit a travel request to your probation officer. Your request must be submitted to your probation officer by 5pm on the **Monday** before Court. Make sure you submit this request in advance so if your travel is approved, you have time before planning. The request will

be reviewed by your Mental Health Court team during staffing and a decision will be made and communicated in Court. Traveling privileges may be taken away as a sanction, and it is always an option for participants who are in compliance.

D. Mental Health and Substance Abuse Treatment

Mental Health Court's contracted treatment providers, **The Guidance Center and Southwest Behavioral Health** are AHCCCS only providers. AHCCCS will cover the cost of your treatment sessions, residential treatment, and medications. You are also covered by Title 19 services, which allow you access to case management and medications regardless of your custody status. Any participant carrying private insurance will work with the Mental Health Court Coordinator to find appropriate treatment placement and they may be responsible for any co-payments. All participants will work with their case manager to develop a treatment plan. Your case manager will update your Mental Health Court team on your progress during staffing. Treatment for Mental Health Court often looks like both group sessions and individual sessions. Common methods used for both mental health and substance abuse treatment are Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT) and Eye Movement Desensitization and Reprocessing (EMDR). These treatment methods combined with medication management often yield the best results for mental well-being and recovery. Over time, based on your needs, your treatment plan may be revisited and revised, to include other services geared towards your recovery. This could look like Moral Reconciliation Therapy (MRT), additional groups, residential treatment, or placement in sober living. You should view your treatment plan as a living document that changes as you do.

E. Domestic Violence Offender Treatment

If you have been convicted of a domestic violence offense and are required to complete domestic violence offender treatment, this will be added to your treatment plan and the Mental Health Court Coordinator will facilitate your referral to an agency where you can complete your domestic violence sessions. Once screened for admission into domestic violence groups, you must participate in and complete the number of groups that were assessed. The number of sessions you must complete are based on your current conviction and your history of similar offenses. **You do not dictate how many sessions you must attend.**

F. Prescription Medications – Controlled Substances

There are specific prescription medications that are known to be habit forming and are highly likely to be abused. These medications are classified as controlled substances. Some of these medications include, but are not limited to, all opiates, narcotics, barbiturates, benzodiazepines and amphetamines. It is not the goal of Mental Health Court to prohibit

the use of these medications; however, use of these medications by a participant will be closely monitored. All prescriptions must be prescribed by a licensed physician and be verified by your Probation Officer. The participant must disclose their status in Mental Health Court to their prescriber and discuss any current or past struggles with addiction. When a participant is prescribed these medications, they are expected to take them as prescribed by their prescriber and report any changes in medications to their case manager and Probation Officer, who will relay that information to the Mental Health Court team.

*If you are struggling with addiction and would like additional support, please ask the Mental Health Court Coordinator about Coconino County's **Opioid Crisis Response Program**.

G. Medically Assisted Treatment (MAT)

Mental Health Court is invested in helping you achieve and maintain mental well-being and recovery. Medically Assisted Treatment (MAT) involves the use of prescribed medications—in combination with counseling and behavioral therapies—to provide a whole-patient approach to the treatment of substance use disorder. MAT stabilizes brain chemistry, blocks the euphoric effects of some substances (the “high”), relieves psychological cravings, and normalizes body functions. Numerous studies have shown that MAT reduces illicit drug use and alcohol abuse, disease rates, overdose, mortality and criminal behavior. MAT is available as an optional supplemental treatment for substance use disorder involving opioids and alcohol. Participants are encouraged to discuss their MAT options with the treatment team and the Mental Health Court Coordinator, who will make referrals to available MAT providers.

H. Sickness

If you become sick with an infectious illness or test positive for COVID-19, please **do not come** to Court, Probation and/or treatment. First, you need to **call your probation officer** and **your treatment team** to let them know what is going on and **wait for direction from your probation officer**. Until your Probation Officer gives your permission, **do not attend** any court hearings, probation appointments, drug tests or treatment sessions. You may attend any doctors' appointments and/or go to a hospital or urgent care.

I. Mandatory Jail Time

Any mandatory jail time ordered at your Sentencing must be served before graduating the Mental Health Court Program.

J. Support Groups, Skills Training and Forensic Peer Support

We encourage all our participants in Mental Health Court to engage with our local forensic peer support agency, Hope Lives. Hope Lives offers

local peer support services with amazing peer support specialists who each have their own lived experience with the justice system. Engaging with these supports can help participants identify pro-social activities in the community that renew a sense of hope, build confidence, create support connections and lead them away from a negative or anti-social lifestyle. These supports can also be gained through support group meetings such as Alcoholic Anonymous (AA), Narcotics Anonymous (NA) and Crystal Meth Anonymous (CMA). There are several of these support group meetings in Flagstaff and Hope Lives also offers some of these meetings at their center. The support group meetings are a great way to make connections in the recovery community. Support group meetings are not mandatory but welcomed. They cannot take place of traditional treatment. Please ask your Probation Officer or the Mental Health Coordinator for a list of local meetings.

9. Incentives and Consequences

Your compliance with Mental Health Court requirements will result in the Team rewarding you with incentives. Possible incentives include:

- Candy or snacks
- Bus passes
- Being recognized as the Mental Health Court All Star
- Moving to the next Mental Health Court Phase
- Decreased Court hearings
- Decreased visits with your probation officer
- Having your case called at the beginning of the calendar
- Graduating early from Mental Health Court

Failure to comply with Mental Health Court may result in a sanction being imposed by the Judge. You should expect to receive a sanction for the following types of noncompliance:

- Using alcohol or illegal drugs
- Revoking releases of information for your mental health or substance abuse treatment
- Failing to attend recommended treatment programs
- Failing to attend court Status Hearings
- Failing to check in with your Probation Officer
- Failing to take recommended psychiatric medications
- Committing a new criminal offense
- Violating a term or condition of Probation
- Failing to comply with a court order

Possible sanctions for noncompliance include:

- Community service
- Additional Mental Health Court Status Hearings
- Imposition of a curfew
- Writing a thinking report
- Completing a CBT worksheet
- Delay in advancing to the next Mental Health Court Phase
- Deferred jail time

10. Probation Revocation

Continued noncompliance or the commission of a new criminal offense could result in the Adult Probation Department filing a petition to revoke your Probation. If this occurs, your case will still be heard in front of the Mental Health Court Judge. After your Initial Appearance your case will be set back on the Mental Health Court Calendar for a Probation Resolution Hearing. If you are found to be in violation of Mental Health Court or Probation, your participation in Mental Health Court could be terminated and you could be sentenced to a term of imprisonment in the Arizona Department of Corrections. You could also be reinstated to Probation and re-enter Mental Health Court. If the Adult Probation Department has to issue a warrant for your arrest, your spot in Mental Health Court will only be held for thirty (30) days.

11. Mental Health Court Phases

Phase 1: Orientation and Stabilization (approximately 12 weeks)

1. Attend and participate in Court weekly.
2. Participate in ART with your treatment team.
3. Create or update your treatment plan with your Case Manager.
4. Obtain an Arizona ID card or driver's license if you do not have one.
5. Ensure that you are on AHCCCS.
6. Meet with your case manager weekly by phone.
7. Meet with a medication prescriber to determine your need for psychiatric medication or review your psychiatric medications.
8. Take all recommended psychiatric medications.
9. Enroll in and attend all recommended treatment programs
10. Engage in an SMI evaluation (if applicable)
11. If you do not have stable housing, complete the intake process through Front Door.
12. Complete intake with Hope Lives.
13. Meet with your Probation Officer once a week.
14. Submit to all UA tests and portable breath tests.

15. Change people, places, things.
16. Curfew: 9:30 PM-5:00 AM.

In order to advance to phase 2:

1. Participate in an ART with your treatment team.
2. You completed at least 12 weeks in Phase 1
3. You met the requirements of Phase 1 (listed above)
4. You have been **clean and sober with no missed, positive or diluted drug tests for 14 consecutive days** and are **taking ALL prescribed medications.**
5. You have no violations between your previous Court date and the date of phase advancement.
6. You are engaging and progressing in treatment.

Phase 2: Treatment Implementation (approximately 12 weeks)

1. Attend and participate in Court hearings every two weeks.
2. Meet with your Case Manager every other week and review your treatment plan.
3. Attend and engage in all treatment sessions.
4. Meet with a medication prescriber to review and/or adjust medications.
5. Continue to take all recommended psychiatric medications.
6. If you do not have stable housing, follow up with the Front Door Program.
7. If you do not have an income, work with your Case Manager to establish income
8. Engage in at least one pro-social activity with Hope Lives per week.
9. Meet with your Probation Officer every two weeks.
10. Submit to all UA tests and portable breath tests.
11. Identify all your diagnoses and medications.
12. Follow up on your SMI evaluation (if applicable).
13. Identify one **Support Person** who can be available to you beyond your participation in Mental Health Court.
14. Continue changing people, places and things.
15. Curfew: 10:00-5:00 AM

In order to advance to Phase 3:

1. Participate in an ART with your treatment team.
2. You completed at least 12 weeks in Phase 2.
3. You met the requirements of Phase 2 (listed above).
4. You have been **clean and sober with no missed, positive, or diluted drug tests for 30 consecutive days** and are **taking all medications as prescribed.**
5. You have no violations between your previous court date and the date of phase advancement.
6. You are progressing appropriately in treatment.

Phase 3: Treatment Progress (approximately 12 weeks)

1. Attend and participate in Court hearings every two weeks.
2. Continue to attend and engage in all treatment sessions.
3. Meet with your Case Manager once a month and create a **Safety Plan**.
4. Attend any support groups as assessed by your individual treatment plan.
5. Meet with a medication prescriber to review and/or change medications.
6. Take all recommended psychiatric medications.
7. If you don't have stable housing, contact Front Door and meet with your case manager to review your options.
8. Continue to work on establishing income (if applicable).
9. If SMI designation has not been obtained, follow up with Case Manager (if applicable).
10. Engage in at least one pro-social activity with Hope Lives per week.
11. Meet with your Probation Officer every two weeks.
12. Submit to all UA tests and portable breath tests.
13. Begin any additional treatment services such as Domestic Violence Treatment, Moral Reconciliation Therapy (MRT), or Life Skills.
14. Contact your **Support Person** to discuss your progress in Mental Health Court.
15. Be able to identify how your medications are assisting your mental well-being.
16. Demonstrate changing people, places and things.
17. Curfew 10:30-5:00 AM

In order to advance to Phase 4:

1. Participate in an ART with your treatment team.
2. You completed at least 12 weeks in Phase 3.
3. You met the requirements of Phase 3 (listed above).
4. You have been **clean and sober with no missed, positive, or diluted drug tests for 30 consecutive days** and are **taking all medications as prescribed**.
5. You have no violations between your previous court date and the date of phase advancement.
6. You are progressing appropriately in treatment.

Phase 4: Community Engagement (approximately 12 weeks)

1. Attend and participate in Court hearings every two weeks.
2. Implement your **Safety Plan** for sobriety, support, and services.
3. Meet with your Case Manager once a month.
4. Continue to attend and engage in all treatment sessions.
5. Take all recommended psychiatric medications.
6. Meet with a medication prescriber to review and/or change medications.
7. Meet with your Probation Officer once a month.

8. Continue participation with Hope Lives.
 9. Attend any support groups as assessed by your individual treatment plan.
 10. Continue to work towards housing (if applicable).
 11. Continue to work on establishing income (if applicable).
 12. Continue to submit to all UAs and portable breath tests.
 13. Continue any other forms of treatment you are engaged in (DV, MRT).
 14. Create a relapse prevention plan (if applicable).
 15. Continue to work with Front Door Services and your Case Manager for housing.
 16. Meet with your **Support Person** to discuss in detail your **Safety Plan**.
 17. Identify community support systems (hobbies, sporting events, church, 12 step).
 18. Curfew: 11:00-5:00 AM
- In order to advance to Phase 4:**
1. Participate in an ART with your treatment team.
 2. You completed at least 12 weeks in Phase 4.
 3. You met the requirements of Phase 4 (listed above).
 4. You have been **clean and sober with no missed, positive, or diluted drug tests for 30 consecutive days** and are **taking all medications as prescribed**.
 5. You have no violations between your previous court date and the date of phase advancement.
 6. You are progressing appropriately in treatment.

Phase 5: Continuing Care (approximately 12 weeks)

1. Attend and participate in Court hearings once a month.
2. Continue to meet with your Case Manager once a month.
3. Meet with your prescriber as needed for any medication changes and/or adjustments.
4. Continue to take all recommended psychiatric medications.
5. Comply with probation supervision.
6. Meet with your Probation Officer once a month.
7. Continue to submit to all UAs and portable breath tests.
8. Continue to attend all treatment programs you are engaged in.
9. Continue to participate with Hope Lives.
10. Engage in support groups as assessed in your individual treatment plan.
11. Ensure that you are still enrolled in AHCCCS.
12. Meet with your **Support Person** once a week to discuss how your **Continued Care Plan** is going.
13. Complete any additional treatment services (DV, MRT).
14. Engage with your identified community support systems.
15. Curfew: 11:30-5:00 AM

16. Present your post-graduation plans to the Team, to include plans for the following:

- Enrollment with TGC or Southwest
- Continued Care Plan
- Medications (list and how to refill)
- Treatment programs
- Plan in the event of relapse
- Relationship with **Support Person**
- Community support systems
- Recovery coping skills and strengths
- Housing
- Income

In order to graduate:

1. Participate in an ART with your treatment team.
2. You completed at least 12 weeks in Phase 5.
3. You met the requirements of Phase 5 (listed above).
4. You have been clean and sober with no missed, positive or diluted drug tests for 90 consecutive days prior to graduation.
5. You have no violations between your previous court date and Graduation.
6. You achieved your treatment goals and have a strong Relapse Prevention Plan.
7. You served any mandatory jail time
8. You completed all requirements of your Plea Agreement and probation terms.

12. Graduation from Mental Health Court

Mental Health Court is designed to be a 12-month program. To graduate from the program in 12 months, you must be in strong compliance with all program and probation requirements. To graduate from Mental Health Court, you must complete the five Mental Health Court Phases. Failure to comply with the program and probation requirements will delay your ability to enter the next Mental Health Court phase and will increase the time that you are required to participate in Mental Health Court.

The Mental Health Court Team will determine when you are eligible to graduate from the program. Once you are determined eligible, a graduation date will be set. At your graduation, the Team will acknowledge your accomplishments and Judge Steinlage will award you a certificate of completion. Your family and friends are welcome to attend to share your success with you.

Depending on the Plea Agreement that you entered in your case and the terms of your sentence, your probation may be terminated early and certain charges may be dismissed or certain offenses may be designated as misdemeanors.

13. Confidentiality

While you are participating in Mental Health Court, you will be required to sign a Release of Information for your entire Mental Health Court Team. The purpose of this release is to coordinate care between all team members and allow us to share information that will aid in your mental well-being and recovery. This is a non-revokable consent and is required while participating in Mental Health Court. Under your signed Release of Information, the information remains protected by federal law. Information shared via a valid consent form may include information used for probation revocation, including alcohol and/or drug use admissions. Information shared pursuant to your release include but are not limited to your diagnosis, drug test results, attendance and participation in treatment, treatment progress or regress and medications prescribed. Information coming from your treatment team will be as minimal as possible to facilitate your recovery. Please remember that while counseling sessions are confidential, the courtroom is open to the public and any information you share in Court is not confidential.

All Mental Health Court documentation is kept in electronic files and is only accessible by the Mental Health Court Coordinator. If any of these documents are used in statistical evaluations of Mental Health Court, all participant names are redacted and replaced with a number to protect your identity.

Your trust is very important to the Mental Health Court team. We aim to provide a safe and trauma-informed Court experience for all our participants. Please remember that all information shared among the team is not released to any outside parties. Your team will always look out for your best interest, and part of that includes sharing information with your Mental Health Court Team. This information is used to aid in your recovery and mental well-being.

14. Conclusion

Coconino County Mental Health Court has been developed to help the community's most vulnerable citizens who are need of the most care. Our goal is to leave you better than you were found, and help you achieve the mental well-being and recovery you deserve. Mental Health Court is a

voluntary program and the choice to participate is yours and yours alone. This team will not accept anyone who has been pressured, persuaded, or coerced to participate. We have built an amazing team of criminal justice practitioners and treatment providers who are here to support you through your journey to mental well-being and recovery.

15. Important Contact Information

If you have any questions about Mental Health Court, please contact The Mental Health Court Coordinator, Sydney Ciarniello, at 928-853-5965 or at sciarniello@courts.az.gov.

Adult Probation: 928-679-8400

Your Adult Probation Officer: **Kylee Coons** 928-310-8759

The Guidance Center: 928-527-1899; 928-714-6414

Your Guidance Center Case Manager: **Deleslie Foster**

Southwest Behavioral Health: 928-714-0010; 928-863-8024

Your Southwest Case Manager: **Sandra Simpson**

Public Defender, **Claire Tomko**: 928-606-6847

Hope Lives: **Troy Grover**; 928-315-9189

Averhealth: 480-787-0973; 928-298-6235; 928-260-5449;
928-396-1579

Crisis Hotline: 1-877-756-4090

