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Coconino County Emergency Measures for Social Distancing - March 19, 2020

Effective March 19 - April 1, 2020.

Event and Large Gatherings

Coconino County Board of Supervisors issued a proclamation closing restaurants and other businesses in Coconino County to members of the public.

This order is effective at 8 p.m. on Thursday, March 19, 2020 through Wednesday, April 1, 2020 at 11:59 p.m.

Based on current CDC guidance, Coconino County Health and Human Services issued guidelines that any events with over 10 people be postponed or canceled.

Board Chair Lena Fowler issued the proclamation aimed to help curb the spread of COVID-19 through social distancing.

All restaurants, food courts, cafes, coffeehouses, retail food facilities and other similar businesses and establishments are prohibited from serving food and beverages for consumption on premises. Members of the public are prohibited from entering and remaining to dine or consume beverages. Businesses that typically offer food and beverages for on-premises consumption are encouraged to offer food and beverage using delivery, window, drive-through or drive-up service. If a business chooses to offer this type of "to-go" service, members of the public may remain on its premises for the purpose of picking up their food or beverage orders.

The proclamation also closes the following:

- Bars, taverns, brew pubs, breweries, microbreweries, distilleries, wineries, tasting rooms, special licensees, clubs, and other similar businesses and establishments offering alcoholic beverages for on-premises consumption.
- Theaters, cinemas and indoor and outdoor performance venues.
- Libraries and museums.
- Gymnasiums, fitness centers, recreation centers, indoor sports facilities, indoor exercise facilities, exercise studios, yoga and barre studios and other similar facilities.
- Bingo halls, bowling alleys, indoor climbing facilities, skating rinks and other similar recreational or entertainment facilities.

The restrictions do not apply to any of the following:

- Grocery stores, markets, convenience stores and other similar businesses and establishments that offer food and beverage not for on-premises consumption;
- Pharmacies and drug stores;
- Food banks and food pantries;
- Cafeterias, commissaries, and restaurants located within health care facilities, nursing homes, shelters, group homes, places of worship, or similar facilities; and
- Cafeterias, commissaries, and restaurants located within or on the premises of institutions of higher learning.

Instructions for Workplaces and Businesses

Employers should take steps to make feasible for employees to work in ways that minimize close contact with others.

Employers should:

- Maximize telecommuting options for as many employees as possible.
- Activate their continuity of operations plan.
- Urge employees to stay home when they are sick and maximize flexibility in sick leave benefits.
- Urge employees to stay home or telecommute if another member of their household is sick.
- Consider staggering start and end times to reduce large numbers of people coming together at the same time.
- Clean and disinfect frequently touched areas (doorknobs, tabletops, countertops, phones, keyboards, etc.)
- Prioritize protective actions for employees who are at higher risk of severe illness.

Instructions for Schools

Coconino County Health and Human Services is currently recommending schools to extend their Spring Break for at least 14 calendar days beginning at the end of their currently scheduled Spring Break. Coconino County Health and Human Service will be working with schools on further guidance and evaluation of their situation.

Instructions for Free Standing Day Care Facilities

Coconino County Health and Human Services recommends keeping free-standing day-care facilities open at this time.

However, the following standard operating procedures should be adopted:

- Screening of all students and staff for fever, cough, shortness of breath (checklist to be provided by Coconino County Public Health.)
- Send all ill students or staff home.
- Avoid movement of students between classrooms.
- Lunches should be served in the classroom.
- Practice social distancing (keeping students at least 6 feet apart.)
- Wipe/disinfect high touch areas often.
- Restrict visitors to classrooms and offices.

- Require medical clearance to return to facility for children absent because of illness.

If COVID-19 is associated with a day care facility, closure will be required for 2 weeks.

Instructions for Senior Living and Assisted Living

Senior living facilities, assisted living facilities, and other facilities with populations at higher risk for severe COVID-19 illness should limit interactions with the general public as much as possible. These facilities should:

- Implement social distancing measures:
 - Suspend group social events
 - Alter schedules to reduce interactions
 - Limit programs with external staff
 - Consider having residents stay in the facility and limit exposure to the general community
 - Visits should be limited and restricted to residents' rooms
- Implement temperature and respiratory symptom screening of attendees, staff, and visitors.
- Implement short-term closures as needed (e.g., if cases are identified among staff, residents or clients who live elsewhere) for cleaning and contact tracing.
- Clean frequently touched surfaces daily.

Instructions for Faith-based Organizations:

Faith-based organizations should limit interaction with the general public to include:

- Implement social distancing measures:
 - Suspend activities (e.g., group congregation, religious services), especially for organizations with individuals at increased risk of severe illness
 - Consider offering video/audio events/services
- Determine ways to continue providing support services to individuals at increased risk of severe disease (services, meals, checking in) while limiting group settings and exposures
- Cancel large gatherings (e.g., greater than 250 people, though threshold is at the discretion of the community) or move to smaller groupings of no more than 10
- For organizations that serve high-risk populations, cancel gatherings of more than 10 people

Instructions for People at Higher Risk for Severe COVID-19 Illness

People at higher risk of severe illness should stay home and away from large groups of people, including public places with lots of people where there will be close contact with others. Gatherings of seniors or other people at higher risk of severe illness should be canceled or postponed.

Those at higher risk include:

- People 60 and older
- People with underlying health conditions (e.g. heart disease, lung disease, diabetes)
- People who have weakened immune systems
- Pregnant women

Caregivers of children with underlying health conditions should consult with healthcare providers about whether their children should stay home. Anyone who has questions about whether their condition puts them at increased risk for severe COVID-19 illness should consult with their healthcare provider.

Mental Health Resources

The outbreak of COVID-19 may be stressful for people throughout the community. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. Accordingly, we suggest the following recommendations:

People with preexisting mental health conditions should continue with their treatment plans, stay connected with their healthcare provider and monitor for any new symptoms. Call your healthcare provider if stress reactions interfere with your daily activities.

Instructions for people who are sick

- Stay home when you are sick.
- Do not go out in public when you are sick.
- If you are ill in any way, call your doctor's office first before going in.
- Do not go to the emergency room unless you are experiencing a medical emergency. Emergency rooms need to be able to serve those with the most critical needs.
- If you have symptoms like cough, fever, or other respiratory problems, stay home and self-isolate until you have contacted a healthcare professional.

Instructions for the General Public

- Wash hands frequently with soap and water for at least 20 seconds. Use hand sanitizer when you cannot wash your hands. Hand sanitizer does not replace washing of hands with soap and water.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your coughs and sneezes with a tissue and throw the tissue away. If you don't have a tissue, use the elbow of your sleeve. Don't use your hands to cover coughs and sneezes.
- Even if you are not ill, avoid visiting hospitals, long-term care facilities or nursing homes to the extent possible. If you do need to visit one of these facilities, limit your time there and keep at least six feet away from patients.
- Avoid close contact with people who are sick, especially if you are at higher risk for severe COVID-19 illness.
- Get plenty of rest, drink plenty of fluids, eat healthy foods, and manage your stress to keep your immunity strong.
- Clean household surfaces with standard cleaners.
- Stay informed. Information is changing frequently. Visit www.coconino.az.gov/covid19 for frequently for updates.

Instructions for Travel

Coconino County Health and Human Services recommends all non-essential travel be cancelled at this time.