

COVID – 19 Fact Sheet

March 13, 2020

Coconino County's top priority is the health and safety of employees and the community.

Coconino County offices are open for normal operations at all locations. This is in accordance with current CDC recommendations.

COVID-19 has not been identified in Coconino County and broad spread of the virus has not been reported in Arizona.

CCHHS is working with partner organizations to update on the latest CDC guidance and information to assist them in making decisions regarding events and closures. However, CCHHS is not recommending the cancellation of events or business closures in Coconino County.

CCHHS is continuing to prepare for the potential spread of the COVID-19 illness with local, state and federal partners as well as local healthcare providers.

Social distancing will be recommended to reduce the risk of exposure if there is community spread of COVID-19.

Coconino County COVID-19 surveillance has resulted in five samples being submitted for testing. Two have been negative for COVID-19. Three samples are still pending, and results are expected on Monday, March 16 (afternoon).

- A person will be considered for testing if they are experiencing respiratory symptoms and;
 - Came into contact with someone who was tested positive; or
 - Traveled to China or other areas experiencing community spread of the virus or;
 - Respiratory testing has not identified a known illness.

COVID-19 causes only mild or moderate symptoms, such as fever and cough for most people. For some, especially older adults and people with existing health problems, COVID-19 can cause more severe illness, including pneumonia. Older adults and people who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19.

- **People who are at higher risk are encouraged to avoid crowds and practice social distancing now.**

There is currently no vaccine to prevent COVID-19 infection. As a reminder, CCHHS recommends actions to help prevent the spread of respiratory viruses, including:

- Get a seasonal flu shot
- Wash hands frequently
- Avoid touching eyes, nose or mouth.
- Avoid contact with people who are sick
- Cover your mouth with your upper sleeve or with a tissue when coughing or sneezing
- Stay home when you are sick
- Clean and disinfect frequently touched objects and surfaces

Additional preparedness information from the CDC and CCHHS can be found at:

<https://www.cdc.gov/coronavirus/2019-ncov/index.html> and www.coconino.az.gov/covid19