



Coconino County Community Services Department
Senior Nutrition Program
 850 W. Grant, Williams, AZ 86046
 928-679-7485
Congregate Meals Served Daily at 12 Noon

2016

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				1 Oven Fried Fish, Rice Pilaf, Carrot Coins, WW Rolls, Oranges,	2 Green Chili Enchiladas, Beans, Rice, Chopped Salad, Fruit Cup	3
4	5 Chicken Fried Rice, Oriental Veg. Spring Rolls, Mandarin Oranges, Almond Cookie	6 Tuna or Egg Salad Sandwich, Baked Potato Chips, Celery & Carrots, WW Bread, Bananas	7 BBQ Chicken, Sweet Potato Fries, Cole Slaw, WW Bun, Fruit Cup	8 Posole, Tamales, Red Chili, Pico de Gallo, Cabbage, Apple Cider, Cookies	9 Cheese Burgers, Potato Wedges, Lettuce, Tomato, Onion & Pickle, WW Bun, Fresh Fruit	10
11	12 Chili Cheese Dogs, Potato Wedges, Cucumber & Tomato Salad, Fruit Cups	13 Meatloaf, Baked Potatoes, Green Beans, WW Roll, Peach Cobbler	14 Chef's Salad w/ Boiled Eggs, Cheese, Ham, Romaine & Cucumbers, Crackers, Apricots	15 Chicken Strips, Potato Salad, Cole Slaw, Bananas	16 Frito Pie w/ Beans, Chili, Cheese, Cabbage, Tomatoes, Salsa, Apple Sauce	17
18	19 Ham & Bean Soup, Chopped Salad, Cornbread, Apples	20 Turkey Club Sandwich, Potato Wedges, Lettuce, Tomato & Onion, WW Bread, Apricots	21 Pot Roast w/ Roasted Potatoes, Carrots, Onion & Cabbage, WW Rolls, Banana Pudding	22 Breakfast Burrito w/ Ham, Cheese and Peppers, Hash Browns, OJ, Tortillas	23 Calabasitas (Zuc & Corn) w Pork, Cabbage Salad, Salsa, Yogurt w/ Fruit	24
25	<p>Center Closed Merry Christmas</p>	27 Vegetable Lasagna, Broccoli, Garlic Bread, Strawberry Shortcake	28 Oven Fried Chicken, Mashed Potatoes, Gravy, Green Beans, WG Biscuit, Peaches	29 Stuffed Baked Potatoes w/ Toppings, Biscuits, Fruit Salad	30 Chili Beans, Romaine Salad, Cornbread, Apples	

“Services are funded by the Older Americans Act, SSBG funds and the State of Arizona. Funding is allocated on a regional basis from the Arizona Department of Economic Security, Division of Aging and Adult Services (DAAS) to Area Agencies on Aging. Eligibility for programs: Seniors or adults with disabilities. Additional requirements may vary by program. Client contributions are encouraged and are vital for continuation of the programs. Language assistance and alternate forms of communication are available upon request.

Under Titles VI and VII of the Civil Rights Act of 1964 (Title VI and VII) and the Americans with Disabilities Act of 1990 (ADA) Section 504 of the Rehabilitation Act of 1973 and the Age Discrimination Act of 1975, Area Agency on Aging NACOG prohibits discrimination in admissions, programs, services, activities or employment based on race, color, religion, sex, national origin, age, and disability. Area Agency on Aging NACOG must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Auxiliary aids and services are available upon request to individuals with disabilities.”